

NAMI Virginia Board of Directors Nominations for 2018
Slate of Nominees Recommended by the NAMI Virginia Board of Directors

The following candidates are proposed for re-election to the Board of Directors. The length of the term is listed following the candidate's name.

Lynda Hyatt, Charles City; three-year term

Lynda has been involved with NAMI for many years as an active supporter of NAMIWalks, a participant with the local NAMI affiliate, and as a supporter of NAMI Peer-to-Peer programming within her agency. Lynda brings a wealth of experience including fundraising and development, nonprofit organizational leadership, mental health experience, cultural competency, and public relations and marketing. Lynda holds a Ph.D. in counseling and psychological services with a specialty in organizational development and she is licensed in Virginia as a Clinical Psychologist. Lynda has worked in the field of mental health for 25 years, most often in leadership positions. Currently Lynda is employed as the Executive and Clinical Director of Gateway Homes, a residential treatment program for adults with serious mental illness.

Sandy Mottesheard, Gloucester; three-year term

Sandy is retired from the Department of Rehabilitative Services as a Rehabilitation Counselor for individuals with severe mental illness. She has an extensive background with NAMI, having been involved at the local and state levels for many years. At the local level she oversees NAMI Connection Support Groups, is a trainer and teacher for NAMI HomeFront, is a NAMI Family-to-Family Teacher and a NAMI Family Support Group Facilitator. Sandy also serves as a state trainer for the NAMI Family Support Group program. As a family member of someone with bipolar disorder and borderline personality disorder, Sandy has advocated at the local and state level for better services. She served on the "Crisis Response Workgroup" of the Governors Mental Health Taskforce and currently serves on the state Mental Health Law Committee. Sandy previously served two three-year terms as an effective member of the NAMI Virginia Board of Directors, serving on numerous board committees.

The following seven (7) candidates are being proposed as new members of the Board of Directors. The candidates are listed alphabetically.

Kim Curtis, Christiansburg; three-year term

Kim is employed with New River Valley Community Services, is the Region 3 Task Lead for System of Care and a Peer Recovery Specialist. She is a State trainer and serves on their Certification Board, teaches WRAP, is a Certified SA Counselor and QMHP. Graduated with a BS in Early Childhood Education, worked with children and adults; excellent case management skills. Skilled speaker and trainer. Involved in Youth Move. Wants to expand NAMI programs in her area. She has lived mental illness experience and twins with mental health conditions. Is motivated to serve on NAMI VA Bd. to advocate for change within the state MH system, develop resources; especially supports for caregivers and children and to de-stigmatize mental illness. She and husband are doing *Celebrate Recovery* in their church for MH Awareness month. Sounds creative and innovative; knows how to get things done.

Calendria Jones, Richmond; three-year term

Calendria has been involved with NAMI Central Virginia for the past 8 years and is a peer recovery specialist. She has been a trainer and presenter for NAMI for the Peer to Peer Program, In Our Own Voice Presentations and NAMI Connection Support Groups. She has also been involved with Richmond Behavioral Health Authority in supervising their peer specialists and has been a trainer for Mental Health first aid; Served on the following boards HOMEAGAIN

(shelter), DBHDS, Current President of BHAC council and MHAV advisory council. Her interest in joining NAMI was to be able to continue to support others who need assistance and to expand services across the state.

Paige Long, Aldie; three-year term

Paige has been involved with NAMI On Campus since 2015. She has become president and has become very involved with presenting bills before Governor's Budget hearing in Sterling, VA in January 2018 to speak about the importance of increasing statewide funding for mental health initiatives and support. She also traveled to Richmond in February for Mental Health Advocacy Day to speak with legislators at the General Assembly about four mental health related Bill's that would drastically increase the quality of life of Virginians living with mental illness. PAIGE secured \$1,500 to bring LivingwWorks Education's safeTalk Suicide Training Alertness Training to her campus at Christopher Newport University.

Laura May, Petersburg; three-year term

Laura has lived experience as a family member and has worked as a birth mother mentor, domestic violence crisis intervention worker, an IEP partner and a family support partner. She currently works as Regional Family Lead at UMFS. Laura has 15 years' experience working and volunteering in some capacity assisting those with mental health conditions. She is trained to lead NAMI Basics, Children's Challenging Behaviors and the NAMI Advanced Parent Leadership Course. Laura enjoys fundraising and public speaking.

Kimberly Scott-Barbarji, Williamsburg; three-year term

Kimberly just recently joined NAMI is not currently active with a local NAMI affiliate. However, she involved with NAMI Virginia. She is very interested in mental health services for youth and families, and in helping other parents who, like her, have experienced challenges in navigating the state behavioral health system. She is currently working on a Department of Social Services demonstration project to assess how child and youth victims of crimes, including victims of dating/domestic violence, sexual violence, trafficking, exploitation, and abuse and neglect, come into the various systems of care, and seeks to link these systems and streamline services in order to avoid re-traumatization and create better outcomes for children and youth.

Sarah Smoot, Henrico; three-year term

Sarah is a family member who has been involved with NAMI for four years. She is a trained Family-to-Family teacher and also a Family Support Group facilitator. Sarah is currently a Youth Counselor with UMFS, and in the past worked as a residential coordinator for a crisis shelter. She is a Certified Parent Support Provider, a Certified Peer Recovery Specialist, and a strong advocate who is interested in working with faith Communities, especially in rural areas. \

Carolyn Wood, Virginia Beach; three-year term

Carolyn was a member of the NAMI Virginia Board of Directors from 2005 to 2009 and former President of NAMI Virginia Beach. She currently serves as Family Services Coordinator at Magellan Health Care of Virginia, and is a member of the Independent Assessment, Certification, and Coordination Team. In this role, she provides direct outreach and support to families whose children are being considered for or receiving residential treatment. Carolyn uses her lived experience to educate, support, and encourage families to maintain hope and negotiate services and supports for their children and themselves. She is a guest trainer for the Virginia Beach Crisis Intervention Team 40-hour trainings and the Virginia Beach 911 Academy trainings.