



Statistics about Mental Illness in Virginia

- Approximately 1,137,259 to 1,497,870 adults in Virginia (age 18+) have any mental illness. “Any mental illness” is defined based on diagnostic criteria in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV). “Any mental illness” among adults aged 18 or older is the presence of any mental, behavioral, or emotional disorder in the past year that met DSM-IV criteria. *Source: NIMH; SAMHSA NSDUH Report (2011)*
- Approximately 239,750 to 305,000 have a serious mental illness. Serious mental illness is defined as adults with a disorder meeting DSM criteria whose disorder caused substantial functional impairment (i.e. substantially interfered with or limited one or more major life activities) and the most urgent need for treatment. *Source: NIMH; SAMHSA NSDUH Report (2011)*
- National prevalence rates suggest that about 100,000 children and adolescents in Virginia have a serious emotional disorder (SED) with about 65,000 of them being extremely impaired. *Source: NIMH.*
- Almost a quarter million adults in Virginia live with co-occurring mental health and substance use disorders. *Source: SAMHSA National Survey on Drug Use and Health (NSDUH)*
- Almost 1 in 4 of Virginia’s jail inmates live with a mental health disorder. *Source: Virginia Compensation Board Annual Jail Survey.*
- The national rate of post-deployment mental health problems among returning veterans is about 15-20% at any given time.
- Within Virginia, suicide ranked 11th for cause of death among residents and was the third leading cause among 10- to 24-year-olds. *Source: Virginia Performs*
- Suicide rates have increased in Virginia and the nation, coinciding with the economic recession. In 2010, Virginia experienced 11.6 suicide deaths per 100,000 people, which is 39th out of the 50 states, or the 11th lowest age-adjusted suicide rate in the country. *Source: Virginia Performs*
- If Virginia were to opt to expand Medicaid up to 138% of the federal poverty level, as allowed under the Affordable Care Act, an estimated 80,000 adults in Virginia who have mental health disorders and are currently uninsured would gain insurance coverage. *Source: SAMHSA*