



National Alliance on Mental Illness

NAMI Virginia

Hope, Help, Action: 2015 NAMI Virginia Annual Convention

Agenda

- 9:00 a.m. - 9:40 a.m. Participant Check-in: Pick up your convention packet and nametag
Visit exhibits
Voting opens (all NAMI members eligible to vote)
- 9:40 a.m. - 11:00 a.m. Welcome and Opening Plenary
Plenary Session presented by Dr. Allison Jackson
Dr. Allison Jackson a national expert on Trauma Informed Care will share the latest research and best practices around trauma, how to help promote trauma informed practice ,and how to be more trauma informed when working with other families and individuals.
- 11:00 a.m. - 11:15 a.m. Break- visit exhibits
- 12:00 p.m. Voting closes
- 11:15 a.m. - 12:15 p.m. Concurrent Workshops
Workshop I. “Ask the Doctor” with Dr. Jefferson Sommers
This workshop will give participants the opportunity to ask a psychiatrist questions concerning mental illness while discussing effective treatments and supports that promote recovery and healthier living.
Workshop II. “Navigating the System”
Presented by Cristy Corbin, Parent Support Specialist, UMFS and Rhonda Thissen, MSW Virginia DBHDS, Office of Mental Health Services
This workshop gives an overview of services available for both children and adults and how to access them.

Agenda- continued

12:15 – 3:15

Lunch, *The State of NAMI*, Awards, and Legislative Panel

“The State of NAMI”, presented by Mary Giliberti, J.D., Executive Director of NAMI

Presentation of the 2015 NAMI Virginia Awards

Legislative panel featuring: The Honorable John O'Bannon, Virginia House of Delegates, The Honorable Patrick Hope, Virginia House of Delegates, and The Honorable Joseph Yost, Virginia House of Delegates

3:15 – 3:30

Break

3:30 - 4:30

Concurrent Workshops

Workshop I. Young Adult Panel with Amanda Long, Jeremy Long, Hayden Myer, Cameron Moody, and Ashley Church

This workshop will include a panel of young adults who will talk about their journey to recovery as well as information about accessing servicing. Attendees will have the opportunity to learn more about youth and family programs and how to get involved. There will be time for questions at the end.

Workshop II. An Introduction to CIT (Crisis Intervention Team) and Q&A

Presented by:

Richard Edelman, LCSW, program manager of Emergency Mental Health Services for Henrico County

Nicki Moon, LCSW, Clinical Supervisor of Emergency Mental Health Services for Henrico County

David Rockwell, Peer Support Specialist with Henrico Area Mental Health and Developmental Services

Cindy Wood, MSW, Lieutenant with Henrico County's Police Division

CIT programs are local initiatives designed to improve the way law enforcement and the community respond to people experiencing mental health crises. They are built on strong partnerships between law enforcement, mental health provider agencies and individuals and families impacted by mental illness. This workshop will include an overview of the premises of CIT and Henrico CIT's model. There will be time for questions during the workshop.

4:30 – 5:15

NAMI Virginia Annual Meeting

5:15

Closing Remarks